

Instructions for the Use of Aura Screens

Aura screens are used to make the eye sensitive to the extreme ends of the light spectrum in order that those rays believed to emanate from the human aura shall become apparent. The aura goggles and screens provided have been developed and manufactured for the sole purpose of enabling investigators to continue with the researches of Kilner, Bagnall and others. No claim is made as to the efficiency of screens and filters.

The use should look through the goggles at a bright light for a few moments and then view the subject through them. Care must be taken not to permit extraneous light to reach the eyes. After a few tests by looking at a light and then at a subject through the goggles; proceed by looking at a bright light through the goggles for a few seconds and then removing them in a semi-darkened room with the back to the source of light. View the subject. Several sittings of about fifteen minutes duration may be necessary before the eyes become sensitised; try variations of lighting and background. The aura appears as a greyish mist surrounding the body and being two to three inches in thickness. The first experiments are best carried out by observing the aura between the finger-tips of opposite hands. The aura appears as a grey mist-like number of 'elastic bands'; the movement of these 'bands' with the fingers do not obey the normal laws of optics. Dark pinacyanole screens, fitted to aura goggles, are best for first experiments and, as the aura becomes visible, should be replaced by lighter shades until the aura goggles can be completely dispensed with. When proficiency has been attained the researcher should use the special red and the methylene blue sensitised filters for the more specialised observation of the inner and outer auras.

The inner aura can be accurately analysed by the use of the 'complementary colour method'. Colour filters are fitted into the standard aura goggles and the inner aura observed through them. The strange and important striations and other structural details of the inner aura become clear by the use of the appropriate colour filter.

Aura screens may also be used for aura photographic researches. High speed, infra-red film or plates may be used, together with

the standard aura filters fitted to aura goggles. Place a filter before the camera lens; having loaded the camera - in total darkness - with high-speed infra-red film and photograph the research object. Normal illumination of say, 100 w. filament lamp at 10 ft. from the object and with exposures from 5 to 20 seconds against a white back-cloth have produced dim - but certain - photographs of the aura of a powerful permanent magnet. If a rheostat or power control is fitted to a normal electric lamp and the power reduced until the filament of the lamp is just below visibility, infra-red photographs may be taken in the total absence of visible light. Very important and successful research photographs in the psychic research seance-room have resulted from these techniques.

THE USE OF AURA GOGGLES to PROMOTE CLAIRVOYANCE.

Aura goggles have been recommended by the late Mr. Boddington of the British psychic world for the rapid development of the purely psychic faculty of clairvoyance. One experimenter has in recent months developed the strange art of psychic painting by the use of clairvoyance aided by aura goggles: this lady is now famous for her psychic paintings and a high prize-winner in fields of psychic art. We refer to Mrs. Gwen Harris, Reg. Stud. S.M., A.M.I.C.A.

To use the goggles for the development of Clairvoyance, sit at the same time, with the same fellow-workers, under the same conditions each week or so and wear the goggles for about 30 minutes during each sitting. Seek to see through them and gain an instinctive attitude of high seeing sensitivity. This important psychic exercise constitutes the correct form of psychological adjustment necessary for the development of good clairvoyance. Success is greatly aided but depends, also, upon the nature of the sitter, the remainder of the seance-circle and the general mental conditions prevailing.

There are many other very important avenues of research which may be readily developed via visual observation of the aura of humans and objects. We refer especially to radiesthesia, psychic research and allied borderline spheres and especially, to the all important study of fundamental principles as given by the new metaphysical science.

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